St Benedict's Catholic Primary School
Curriculum Overview: RSHE

With Jesus, we learn, love and laugh

	Autumn	Spring	Summer
Year 1	**Module 1-Religious Understanding**-Handmade with Love **Module 2-Religious Understanding**- God Loves you	**Module 2-Personal Relationships** Special People Treat Others Well And Say Sorry **Module 2-Keeping Safe** Being Safe Good Secrets and Bad Secrets Physical Contact	**Module 3-Religious Understanding** Trinity House Who is my Neighbour?
Year 2	**Module 1-Religious Understanding** Handmade with Love	**Module 1-Me,My Body and My Health** I Am Unique Girls and Boys Clean and Healthy **Module 1- Emotional Well Being** Feelings, Likes and Dislikes Feelings Inside Out Super Susie Gets Angry	**Module 1-Life Cycles** The Cycle of Life **Module 3-Religious Understanding** Trinity House **Module 3-Living in the Wider World** The Communities we live in
Year 3	**Module 1-Religious Understanding** Designed for a Purpose The Sacraments **Module 2-Religious Understanding** Jesus My Friend	**Module 2-Personal Relationships** Family, Friends and Others When Things Feel Bad When Things Change **Module 2-Keeping Safe** Sharing Online Chatting Online Physical Contact	**Module 3-Religious Understanding** Trinity House
Year 4	**Module 1-Religious Understanding** Designed for a Purpose **Module 1-Me.My Body and my Health** We Don't Have to be the Same Respecting Our Bodies	**Module 1-Life Cycles** Life Cycles	**Module 3-Religious Understanding** Trinity House **Module 3-Personal Relationships** How Do I Love Others?
Year 5	**Module 1-Religious Understanding** Calming the Storm **Module 2- Religious Understanding** Is God Calling You? **Module 1- Me, My Body and My Health** What is Puberty? My Changing Body? Boy/Girl Discussion Groups **Module 1-Emotional Well Being** What am I Feeling? What am I looking At? I am Thankful	**Module 2-Personal Relationships.** Under Pressure Do You Want a Piece of Cake? Self-Talk **Module 2- Keeping Safe** Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance	**Module 3-Religious Understanding** The Trinity Catholic Social Teaching **Module 3-Living in the Wider World** Reaching Out

Year 6	**Module 1-Religious Understanding** Calming the Storm	**Module 1-Me,My Body and My Health** Gifts and Talents Boys' Bodies Girls' Bodies Spots and Sleep **Module 1-Emotional Well-Being** Body Image Funny Feelings Emotional Changes Seeing Stuff Online **Module 1- Life Cycles** Making Babies-Part 1 Making Babies –Part 2 Menstruation	**Module 3-Religious Understanding** The Trinity Catholic Social Teaching **Module 3-Living in the Wider World** Reaching Out