

St Benedict's Catholic Primary School

Curriculum Overview: RSHE



With Jesus, we learn,
love and laugh

	Autumn	Spring	Summer
Year 1	<p><u>Module 1-Religious Understanding</u>-Handmade with Love</p> <p><u>Module 2-Religious Understanding</u>- God Loves you</p>	<p><u>Module 2-Personal Relationships</u> Special People Treat Others Well And Say Sorry</p> <p><u>Module 2-Keeping Safe</u> Being Safe Good Secrets and Bad Secrets Physical Contact</p>	<p><u>Module 3-Religious Understanding</u> Trinity House Who is my Neighbour?</p>
Year 2	<p><u>Module 1-Religious Understanding</u> Handmade with Love</p>	<p><u>Module 1-Me,My Body and My Health</u> I Am Unique Girls and Boys Clean and Healthy</p> <p><u>Module 1- Emotional Well Being</u> Feelings, Likes and Dislikes Feelings Inside Out Super Susie Gets Angry</p>	<p><u>Module 1-Life Cycles</u> The Cycle of Life</p> <p><u>Module 3-Religious Understanding</u> Trinity House</p> <p><u>Module 3-Living in the Wider World</u> The Communities we live in</p>
Year 3	<p><u>Module 1-Religious Understanding</u> Designed for a Purpose The Sacraments</p> <p><u>Module 2-Religious Understanding</u> Jesus My Friend</p>	<p><u>Module 2-Personal Relationships</u> Family, Friends and Others When Things Feel Bad When Things Change</p> <p><u>Module 2-Keeping Safe</u> Sharing Online Chatting Online Physical Contact</p>	<p><u>Module 3-Religious Understanding</u> Trinity House</p>
Year 4	<p><u>Module 1-Religious Understanding</u> Designed for a Purpose</p> <p><u>Module 1-Me,My Body and my Health</u> We Don't Have to be the Same Respecting Our Bodies</p>	<p><u>Module 1-Life Cycles</u> Life Cycles</p>	<p><u>Module 3-Religious Understanding</u> Trinity House</p> <p><u>Module 3-Personal Relationships</u> How Do I Love Others?</p>
Year 5	<p><u>Module 1-Religious Understanding</u> Calming the Storm</p> <p><u>Module 2- Religious Understanding</u> Is God Calling You?</p> <p><u>Module 1- Me, My Body and My Health</u> What is Puberty? My Changing Body? Boy/Girl Discussion Groups</p> <p><u>Module 1-Emotional Well Being</u> What am I Feeling? What am I looking At? I am Thankful</p>	<p><u>Module 2-Personal Relationships.</u> Under Pressure Do You Want a Piece of Cake? Self-Talk</p> <p><u>Module 2- Keeping Safe</u> Sharing Isn't Always Caring Cyberbullying Types of Abuse Impacted Lifestyles Making Good Choices Giving Assistance</p>	<p><u>Module 3-Religious Understanding</u> The Trinity Catholic Social Teaching</p> <p><u>Module 3-Living in the Wider World</u> Reaching Out</p>

Year 6

Module 1-Religious Understanding

Calming the Storm

Module 1-Me,My Body and My Health

Gifts and Talents

Boys' Bodies

Girls' Bodies

Spots and Sleep

Module 1-Emotional Well-Being

Body Image

Funny Feelings

Emotional Changes

Seeing Stuff Online

Module 1- Life Cycles

Making Babies-Part 1

Making Babies –Part 2

Menstruation

Module 3-Religious Understanding

The Trinity

Catholic Social Teaching

Module 3-Living in the Wider World

Reaching Out